How About Nine Out of Ten?
Commandment 4: Sabbath-Keeping
Exodus 20:8-11

If you stopped, what would happen?

• Counterintuitive?

• Tweak

• Failure

• Rhythm

Create → Enjoy
Allow → Organize
Nurture → Anticipate
Contemplate → Determine
Allocate → Listen
Understand → Help

Exodus 20:8-11 (NIV)

8 Remember the Sabbath day by keeping it holy.
9 Six days you shall labor and do all your work,
10 but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates.
11 For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.