



DAY 15



SEEK

**“But seek ye first the kingdom of God, and his righteousness;
and all these things shall be added unto you.”**

Matthew 6:33

The Advent season brings about much seeking. Usually, it's seeking for the perfect gift. Parents know this all too well. Have you ever had your child ask for the toy that happened to be the hottest toy of the year and was sold out everywhere so you run all over town seeking the chosen toy? I may have made my parents do that a time or two! Seeking and finding is a natural occurrence in this time.

The Advent season brings about some other things that Matthew 6 mentions as well: anxiety and stress. I anticipate that the anxiety of a 2020 Holiday season will be no different. Take a few minutes to read Matthew 6:25-34.

Anxiety, stress, and worry are all rooted in self-absorption. When you look intrinsically to solve your problems, you quickly realize that a solution is out of reach. You are incapable of removing your own anxiety. Luckily, Jesus gives us a prescription, “Seek Me! I will take care of you!”

As you seek for things over the course of this month, make sure to take time to seek the Lord. You will find that everything will come along much smoother and easier when you place your trust in Him.

Your worries and fears may not disappear, but the peace that comes from being with the Lord will overcome the things of the world.

What objects or things have you been actively seeking this season?

What things have been stressful or caused anxiety for you this year?

Father we seek You! We seek Your peace, we seek Your love, and we seek Your plan. This year has been stressful and tumultuous. We have been worried, angry, and anxious. Forgive us for not seeking You sooner. Forgive us for trusting in our self instead of trusting in You. Let us seek Your Kingdom first and know that You are in control. Amen!

– **RICK HENDERSON** –
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