



DAY 4



STOP MOVING

**“Be silent, all flesh, before the Lord,
for He has roused Himself from His holy dwelling.”**

Zechariah 2:13

As a parent of two small children, I spend much of my time watching and marveling at a symphony of kinetic energy, a seemingly unstoppable whirling dervish of running, jumping, climbing, spinning, dancing, and other forms of movement that exhaust me just to look at them. So many wonderful, exciting things to see and do, it's a wonder where they get the energy. Then comes the inevitable buzzkill dad moment where I have to stop them long enough to clean up the disaster that was once our house. In order to do this, two things have to happen; they have to be silent, and they have to be still. They need to make a deliberate decision to cease the movement and surrender control of the situation in order to hear what I, their father, wish to tell them.

There is a secondary meaning to the Hebrew word for “silent” in this verse; to be still. As any parent can appreciate, children hear and understand better if they are still and quiet. When we are hurriedly rushing about to handle the pressure and weight of a world that constantly demands our attention, effort, and

affections, our Father tells us to simply be still, just stop. As we stand still in silent awe of God, we can see Him move; roused to action from His holy place, leading us to follow. If you wish for God to move you, you first have to stop moving.

1. Are there things in my life preventing me from being still before the Lord?
2. Am I willing to surrender control and stand silent while God moves me?

Most loving, Heavenly Father, remind me who I am and to whom I belong. Bring me to the still, quiet place where I can wholly abide in You. Lead me to forsake the fear, pride, and temporary institutions that distract me from the unbending, unyielding, never forsaking, always and forever love that your Word promises. Quiet my soul so I can hear Your heart. Amen.

– BENJAMIN HUFF –

