



DAY 7



WAIT ON THE LORD

**....but they who wait for the LORD shall renew their strength;
they shall mount up with wings like eagles;
they shall run and not be weary;
they shall walk and not faint.**

Isaiah 40:31

Does anyone enjoy waiting? A lot of human effort and ingenuity goes into finding ways to eliminate waiting. No one wants to prolong their time on hold for Customer Service, or wait an extra 20 minutes in the drive-thru at Chick-fil-a. And who hopes we have to wait longer for a COVID vaccine? No one!

No matter how efficient humanity gets, though, waiting is still a certainty of life. So, what is the character of our waiting, then, when we must? Are we impatient, anxious, indignant, multitasking? Perhaps we manage to be calm and pleasant sometimes.

But what about waiting for the Lord? Do we even do that at all? It seems we can bypass waiting for Him a good share of the time, since He rarely forces us to stop in our tracks. He waits for us.

If we plow ahead with our own agenda on our own reserves, is it surprising when we find ourselves exhausted, frazzled, weary?

This Advent, let us take time, intentionally, to wait on the Lord, in stillness and quiet. Monotasking, giving Him our full attention. Isaiah assures us that this waiting will not be a depleting endeavor, or a waste of time. Let us be still and receive the renewed strength God is offering.

What do I need to set aside today to make time for stillness before the Lord?

Do I feel resistance inside myself to being still and quiet with God, and if so, why?

Lord, I want to wait on you and be receptive to you. Please help me quiet my mind and listen well. I need the strength and energy that comes only from you.

– LANE AYO –

